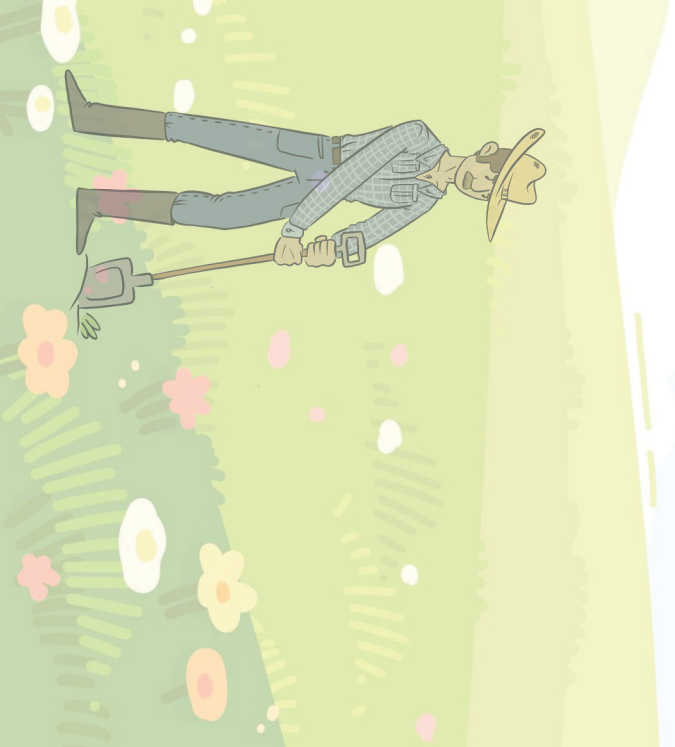


Sowing and
planting



Plowing



Reaping



Picking

Letting the land
lie fallow—
once every seven years
the farmers of Israel
allow the land to lie
fallow, to “rest,” and they
devote their time to
spiritual pursuits.

Hefker—
“ownerless”—
the land’s produce
during Shmita is
free-for-all. Grain, fruits
and vegetables may be
taken without payment.



Fallow land-
once every seven
years we are
commanded to let
the land "rest" and
thus it improves the
earth's quality.

Loan dismissal-
at the culmination of the
Shmita year, all debts
between Jews, in Israel
and abroad, are null
and void. This enables
people to start a new
chapter in their lives,
fresh and unburdened.
(in modern day, this is
no longer a biblically
mandated practice, but is
encouraged by rabbinical
decree)

**Leket, shechecha,
peah (gleanings,
forgotten produce,
corners)-**
during the six non-Shmita
years, we care for the poor
and needy: farmers leave
various forms of agricultural
produce for others to enjoy,
free of charge.

